

PARISH OFFICE:

Next to the church

165 Serpentine Rd, Terrigal

PO Box 4, Terrigal, NSW, 2260

Phone: (02)43674610

Email: starsea@bigpond.net.au

Website:

www.bbcatholic.org.au/terrigan

www.facebook.com

Office Hours:

Monday - Friday

9.00am - 5.00pm

Administrator

Fr John Puli

John.Puliparambil@bbcatholic.org.au

Pastoral Associate /

Parish Secretary:

Mrs Janette Merrotsy

0421 416 555

Parish Secretary:

Mrs Nellie Sheridan

Our Lady Star of the Sea

Primary School Principal:

Maria Kennedy

Ph (20) 72562119

Email: olss@dbb.catholic.edu.au

Early Learning Centre

Co-ordinator:

Bronwyn Maley

Ph: (02) 4365 3222

Prayer to St Michael

St Michael the Archangel,
defend us in battle; be our
safeguard against the
wickedness and snares of the
devil. May God rebuke him we
humbly pray; and you, O Prince
of the Heavenly Hosts, by the
power of God, cast into hell
Satan and all the evil spirits who
prowl about the world seeking the
ruin of souls.
Amen



OUR LADY STAR OF THE SEA TERRIGAL

*We love one another so that all may have a
sense of belonging; desire a relationship with God;
and want to share the Good News with others.*



23rd August 2026

**21st Sunday in Ordinary Time
Year A**

Entrance Antiphon:

Turn your ear, O Lord, and answer me;
save the servant who trusts in you, my God.
Have mercy on me, O Lord, for I cry to you all
the day long.

1st Reading:

Isaiah 22: 19-23

Psalm:

Lord, your love is eternal; do not forsake
the work of your hands.

2nd Reading:

Romans 11:33-36

Gospel Acclamation:

Alleluia, alleluia!
You are Peter, the rock on which I will build
my Church; the gates of hell will not hold out
against it. Alleluia!

Gospel:

Matthew 16: 13-20

Communion Antiphon: The earth is replete with the fruits of your work,
O Lord; you bring forth bread from the earth
and wine to cheer the heart.

Next Week's Readings: 22nd Sunday in Ordinary Time - Year A

1st Reading:

Jeremiah 20: 7-9

Psalm:

My soul is thirsting for you, O Lord my God.

2nd Reading:

Romans 12: 1-2

Gospel:

Matthew 16: 21-27

WEEKDAY SERVICES

Tuesday	25	7.30 am Mass
Wednesday	26	7.30 am Mass
Thursday	27	7.30 am Mass
Friday	28	9.00 am & 12 Noon Mass
Saturday	29	9.00 am Mass

WEEKEND MASSES - Next Weekend

Saturday Vigil:	29	5.00 pm Mass
Sunday:	30	7.30 am & 9.30 am Mass

Our website: www.bbcatholic.org.au/terrigan

*Welcome to all our visitors!
May you feel at home in our Parish.*

PARISH INFORMATION:

Baptisms:

Sunday Mornings at 11.30am by appointment.
Enquiries to our Parish Office to enroll.

Anointing of the Sick:

With 9am Mass on the last Friday of the month.
Please ring the Parish Office if you have a loved one who is ill or dying.

Reconciliation:

Before and after Saturday 9am Mass
(8.30 -10am) or phone the
Parish Office for an
appointment.

Weddings and Funerals:

Enquiries to the Parish Office.

LIKE US ON
FACEBOOK



www.facebook.com/OLSOSParish

Baptisms

This weekend we welcome **Eva & Adrian Moran Soria, Malachi Stevenson and Cooper Sonter.**

Congratulations and God's blessing to each of you and your families.



Eucharist 2026 - Year 4 and older

Parent/Child Support Class

Saturday 29th August at 3.30pm



Presentation

5pm Mass on 29th August or 7.30a...
or 9.30am Masses on Sunday 30th August

First Holy Communion

Saturday 12th September at 5pm Mass -
Sunday 13th September 7.30am, 9.30am &
2pm Masses.

Enquiries to Janette 0421 416 555

Donations to the Parish

Donations can be made by:

- putting **cash** in the collection bag at Mass; or
- using the **Tap'n'Go** machines at the door of the church; or
- giving **directly** to our parish bank account:

Terrigal Parish

BSB:062 784

Acc:100001660 or

- using planned giving **envelopes**, available at the back of the church; or
- **regular (monthly) credit card donations**, arranged through the Parish Office; or
- using the parish QR Code:



Thank-you for your continued generosity.

St Michael Prayer Group Mass

Thursday 27th August 2026

All welcome to attend and join with us for St Michael prayers.

Fr Tomasz Lepek will be with us on this evening.

A light support to follow.

Enquiries to Janette 0421416555



Mary Mac's at Woy Woy

Thank you to all who continue to leave food at the parish door for Mary Mac's. This photo was taken a few weeks ago.

Piety Stall

Gifts and new items ready for Reconciliation & First Holy Communion. Also, a table in the Parish Office - come and take a look during the week.

We have promised Sally and team 30 bags of Rocky Road for the Father's Day Luncheon. If you wish to donate a bag they will be available over the next two weeks so can passed them on.

Bible Study and Discussion

NO BIBLE SESSIONS FOR 27TH AUGUST

1pm to 2pm. In the boardroom
Study: Three Acts of the Apostles

We watch ½ an hour DVD teaching by a theologian, then discuss what we learned for ½ an hour. We limit each session to one hour. Written notes are provided for each session, a couple of days in advance.

Praise and Worship Bible Study and Discussion None for 27/8

Every Thursday in the evenings at
**7pm we start with Praise and Worship
followed at 7.30 with Bible Study**
We are currently studying Romans.
All welcome to attend either session
Enquiries 0459220408



Catholic Women's League

Meeting Monday 24th August in Parish
meeting room 10.15am for 10.30am.

Winners of raffle;

- 1st - M Hagan (Ticket No Red c 15)
- 2nd - C Metcalf (Ticket No Green c 59)
- 3rd - S Lynch (Ticket No Blue f 94)
- 4th - M Sproats (Ticket No Orange g 61)

Thank you everyone for your support of CWL
Scholarship Fund.

New members welcome

Colleen Addison - 0425 368 431



Grandparents' Group

is meeting on Wednesday 26th August
from 6pm to 7pm in the Parish Office. The
group exists for mutual encouragement and
sharing initiatives, ideas and prayer for
passing on the faith to future generations.
All welcome. You don't have to be a
grandparent to take part. We meet on the
last Wednesday of each month
& discuss a new topic.



Our Lady Star of the Sea Playgroup

Looking for connection, friendship
and fun? Join us at Playgroup each
week for a relaxed morning of play,
conversation and community.

Parents, carers and children ages 3+
are all welcome!

OLSOS Parish Hall
9am-10am Wednesday (School Term Only)

Please register your interest to the
Parish Office via telephone or email.

Come and join the fun !

Enquiries to Sarah via the Parish Office

Love & Support Prayer Group

All are warmly invited to join our "*The Love
and Support*" Prayer Group as we gather in
faith, unity and fellowship. In the midst of our
busy lives this is a special time to pause,
reflect, and seek God together.

When: First Friday of the month
Time: 6.30pm to 7.30pm
Where: Parish Conference Room

Come and share in the grace and
peace of praying together as a parish family
in a small group.

For more information please contact:
Amanda on 0439 229 438



Scripture Reflection Hour

You are invited to enjoy an hour of
peace to reflect on the following
Sunday's Gospel reading.



We meet at 10.30am to 11.30am **Thursday** in
the Parish Rooms. A gentle experience.

You are welcome to attend whenever you can.
Bibles provided. If you are interested and
would like to know more call **Robyn Wild** on
0410 454 650.

Schoenstatt Sisters of Mary Centenary Jubilee Celebrations at Mount Schoenstatt, Mulgoa

Come join us as we give thanks for the past 100 years and entrust the future to the loving care of the Mother Thrice Admirable, Queen and Victress of Schoenstatt.

Date: Sunday 13th September

Time: Please be seated by 9:45am for a 10am start. The celebration is to conclude at approximately 3pm.

The day will begin with a Solemn Mass of Thanksgiving with Archbishop Anthony Fisher OP followed by light refreshments and an official program. Parish bus groups are encouraged. An exhibition on the Schoenstatt Sisters of Mary will be available for viewing in the Family Hall from 8:30am – 6:00pm.

To RSVP and for more information scan the QR-Code or visit: www.schoenstatt.org.au



Celebrating Our Lady's Birthday

On Sunday 6th September with a special birthday cake at morning tea time after 9.30am Mass. Welcome to stay stay and join in prayers after morning tea to honour Our Blessed Mother. Thank you to the Legion of Mary for their initiative.



We Are Looking for New Catechists

Catechists share their Catholic faith, The Good News, with students in our State Schools

Where

We teach in 6 different state schools: Avoca, Erina Heights, Holgate, Terrigal, Wamberal & Woodport

When

Tuesday, Wednesday & Thursdays

Times

All classes are only ½ hour each. Times varies. Earliest start: 8.50am | Latest finish: 3.20pm

What Does a Catechist Do?

- * Teach the authorised Catholic Program with step-by-step lesson plans designed for Catholic children in state schools
- * Training and lesson materials provided
- * No experience necessary – only an hour or two per week including the ½ hour at the school
- * Grow your own faith as you teach a positive message about our loving God

The Children Need You and Me!

Phone: Elias Bastoli, Catechist Coordinator – 0459220408
Email: eliasbastoli1@gmail.com



Pope's Prayer Intention – August 2026

For evangelisation in the city: Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community



Father's Day 6th September

Please bring a card with your dad or grandfather's name (living or deceased) to place at the foot of the Altar. The father's will be prayed for at the weekend Masses.



Areté
CENTRE FOR MISSIONARY LEADERSHIP

*Feeling Called to Mission?
Start Here.*

LIVE ON ZOOM

Applications for 2027 are open!

ONLINE INFORMATION NIGHT

10 Sep 2026	7:00 PM	Live on Zoom	
-------------	---------	--------------	---

REGISTER www.aretecentre.org

MEN'S BUSHWALKING GROUP

Our walk this coming Tuesday will likely be in the Bouddi National Park. The vegetation is in great condition after the rains. We have had to reschedule our original plan to be in the Kincumba Mountain Reserve as there is a control burn taking place on the Kincumber suburb side. Apparently, this will be the first burn in over 30 years. The weather and moisture conditions will determine whether the burn goes ahead as planned.

Our following walk is planned for 8th September. Any gentleman interested in participating in the walks, please contact Stim Robinson on 0401 058 329 or stimrobinson@hotmail.com to get further details including where to meet for the walk. Our walks usually take an hour and half or so and then we head off for lunch nearby.

Baptism Preparation

is being held on Tuesday 26th August at 6pm in the Church. Anyone preparing their child for baptism or wanting to know more about our Baptism program is invited.

Invoking Self-Discovery



25 – 27 SEP 2026
\$550 incl GST



This will be a time for growth and transformation through developing understandings of and engaging in experiences for self-discovery. There will be opportunities to invoke personal freeing and harmony in relationships. You'll appreciate more your gifts and the giftedness of others. Allow yourself to be open to the wisdom within by being with emotional realities, and engaging in poetry, gentle movement, relaxation, meditation and music- all for your wellbeing. There will be space for personal reflection in tranquil surrounds.

Vicki Hancock

Vicki is passionate about nurturing people to well-being and inner wisdom through offering experiential reflective retreats. She has experience and qualifications in meditation, relaxation, movement, mindfulness, contemplation, imagery, soul collage and teaching. She's a practising spiritual director who is committed to her own spiritual journey.



Mary MacKillop
Spirituality Centre
Central Coast

((02) 4368 2805
centralcoast@mmsm.org.au
www.mmsm.org.au

Feast Day of St Bartholomew

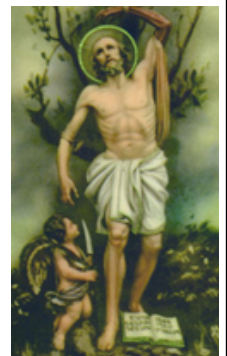
24th August

All that is known of him with certainty is that he is mentioned in the synoptic gospels and Acts as one of the twelve apostles.

His name, a patronymic, means "son of Tolomai" and scholars believe he is the same as Nathanael mentioned in John, who says he is from Cana and that Jesus called him an "Israelite...incapable of deceit.

"The Roman Martyrology says he preached in India and Greater Armenia, where he was flayed and beheaded by King Astyages.

Tradition has the place as Abanopolis on the west coast of the Caspian Sea and that he also preached in Mesopotamia, Persia, and Egypt.



He is the patron of butchers, tanners and Armenia

Bookclub

On the cusp of adulthood C S Lewis lost his faith. "I became an apostate, dropping my faith with no sense of loss but with the greatest relief." It was a time when occultism and spiritualism was in the air. He'd been reading Lucretius: "Had God designed the world, it wouldn't be / A world so frail and faulty as we see." Combined with an increasing scrupulosity while praying and a deeply ingrained pessimism he found himself at cross purposes with the world and his faith. The story of his recovery and conversion is the subject matter of his autobiography **Surprised by Joy**. We will be discussing this book at our next book club meeting on Friday 28th August at 1600 in the parish offices. In September we will be pondering all things AI when we discuss Pope Leo's encyclical Magnifica Humanitas.

In October we will read J D Vance's conversion story to Catholicism: **Communion**. The book is an important reminder of Pope Leo XIII's encyclical Rerum Novarum and for those interested he is interviewed by Bishop Barron regarding the book..

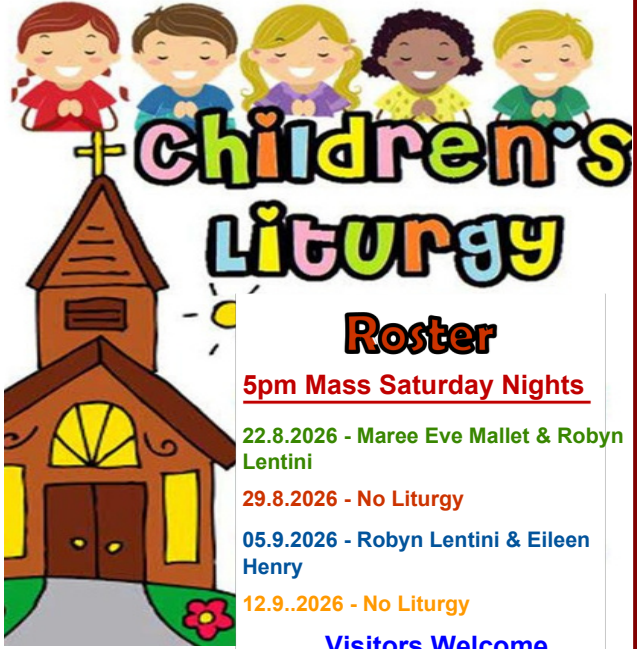
What is spiritual direction?

In spiritual direction you reflect deeply on the experiences of your daily life, your loves, hurts, dreams, joys and fears.

Gradually, as you contemplate, you may begin to discover how God's spirit is moving in your life and that God has been waiting for you to see this closer relationship.

Spiritual direction is really not about being directed, nor is it therapy, or counselling. Rather, it is very much about being encouraged to draw closer to God whether that be in your prayer life, relationships, in nature, or in the events of your life. The privilege and responsibility of a spiritual director is to journey with you, in one-on-one conversations, as you deepen your relationship with God. What is shared is held in confidence. A meeting time is agreed upon, usually once a month, for an hour.

If you are interested in participating in spiritual direction please call Robyn Wild on 0410 454 650



5pm Mass Saturday Nights

22.8.2026 - Maree Eve Mallet & Robyn Lentini

29.8.2026 - No Liturgy

05.9.2026 - Robyn Lentini & Eileen Henry

12.9..2026 - No Liturgy

Visitors Welcome

OLSOS Craft Group

The craft group meets fortnightly on a Wednesday, from 12:30 to 2:00pm in the Parish Office.

Next meeting is the 2nd September.

Communication via text and email.

Group: Cath - 0432 982 622

Office: 4367 4610

Email: starsea@bigpond.net.au



Congratulations to the 92 children who made their First Reconciliation over three days last week.

Thank you to Fr Vince for coming back to help with Reconciliation and the Parent Input for First Holy Communion on Wednesday evening.

Fr John will be back from his holiday for the Child /Parent input on Saturday 29th.

Please pray for our children and their families as they prepare for 1st Holy Communion on the weekend 12/13 September.

ROSTERS FOR SERVERS & EM



Saturday - 5.00pm

22/08/2026	Server R Zadro	(EM) J Costello, S Dunn, L Gray & T Gorman
29/08/2026	Server L George	(EM) L'O'Donnell, M Perry, P Ross & A Vidler
05/09/2026	Server P Proust	(EM) J Costello, S Dunn, L Gray & G Catanzariti
12/09/2026	Server J Sheridan	(EM) L O'Donnell, M Perry, P Ross & A Vilder

Saturday - 7.30am

23/08/2026	Server B Lobo	(EM) A Richards, B Brown, J Rogers & B Reid
30/08/2026	Server M Slattery	(EM) N Barcha, B Brown, B Reid & J Rogers
06/09/2026	Server M Slattery	(EM) B Brown, S Petith, B Lobo, & A Richards
13/09/2026	Server M Slattery	(EM) B Brown, N Barcha J Roger & P Maniskas

Sunday - 9.30am

23/08/2026	Server E Bastoli	(EM) R Ayers, A Bone, C Addison & K Curtis
30/08/2026	Server B Lobo	(EM) R Ayers, A Kopecky, J Merrotsy & R Lentini
06/09/2026	Server B Lobo	(EM) A Bone, C Addison & K Curtis
13/09/2026	Server J Tarrant	(EM) R Ayers, A Kopecky, J Merrotsy & R Lentini

**EM =Eucharistic Minister or correctly Extraordinary
Minister of Holy Communion**

ROSTERS FOR READERS OF THE WORD



Saturday - 5.00pm

22/08/2026	(1) Julie McManus	(2) Helen Grady
29/08/2026	(1) Goodworths	(2) Maureen Reynolds
05/09/2026	(1) McCuddens	(2) Georges
12/09/2026	(1) Lynches	(2) Dudley Smith

Sunday - 7.30am

23/08/2026	(1) Ivy Holly	(2) Jeanette Rogers
30/08/2026	(1) Robyn Wild	(2) Sandrea Petith
06/09/2026	(1) Chris Hartcher	(2) Anne Strong
13/09/2026	(1) Justine Hayes	(2) Ivy Holly

Sunday - 9.30am

23/08/2026	(1) Graham Sproats	(2) Jane Watts
30/08/2026	(1) Janette Merrotsy	(2) Vic Wilmot
06/09/2026	(1) Susan de Brincatt-Moffatt	(2) Janette Merrotsy
13/09/2026	(1) Anna Mackson	(2) Vic Wilmot

Please collect new roster from rear of church.

Prayer Requests:

Recently Deceased

Jon Ruhl	Joan Kearney	Ian Mellor
Helena Lechowski	Boni Matz	Joe Fabri
Angus Hextell	Barry Shanley	Paul Quinn

Anniversaries & Remembrance

Jacqui Maher	Ralph Goss	John O'Donnell
Mildred Du Preeze	Phillip Lever	Maria de Brincatt
Mary Kali	John Lentini	

Sick

Jaques Miniassan	David Roe	Therese George-Saad
Barbara Russ	Fred Whyte	Debbie Bell
Sandra Jackson	Lucy & Pia Favetta	Kate Terry
Julio Marquez	Donald, Xi, Susie, Vladimir & Charles	
Stephanie Empson	Suzanne Russo	Sylvia Mann
Margaret Dwyer	Baby Rosie	Baby Levi
Kye Mc Intosh	Michael Hallett	Eileen Clayton
Denis Smith	Noelene Sherwood	XenieStar
Mary Smith	Maeve McDonald (4yrs)	
Jose Patino	Jane Smith	Greg C
Tracey Homan	Bernadette Kennedy	Joyce Hone
Elizabeth D'Souza	Kathleen Martin	Ron McGuinness
Jackson Howard	Matthew Cooper	Veronica Bishop
Marie Campbell		

MORNING TEA ROSTER



**Please stay and join us
After 9.30am Mass**

Group 2	Robyn Lentini, Robyn Wilmot & Elaine Cooper - 23.08.2026
Group 3	Barbara Clarke, Sue O'Connor & Eileen Dodds - 30.08.2026
Group 4	Anne Strong, Eileen Dodds, Mary Portelli & Mary Jones - 6.09.2026
Group 5	Robyn Ayers, Juliet Mathew & Kate Curtis - 13.09.2026
Group 6	Chris Whalan, Viv Ball, Pat & Alison Bone - 20.09.2026
Group 7	Ian & Pat Rimes, Bernadette Wright, Linda & Isabel Lee - 27.09.2026
Group 1	Wanita Lynch, Mary Howes, Robyn Lentini & Julie Tarrant -04.10.2026

**Everyone is welcome, and we also invite you to bring
along something to share together to eat.
It may be a packet of biscuits, but more interesting is
something to share that you have cooked.**

Bus to Mass

**The Parish bus collects
parishioners for 9.30am Mass.**



If you would like to be picked up,
please contact Stephen Coyle via the Parish Office.

Thank you to the people who volunteered to drive the
Parish bus.

Weekly Cleaning Angels Roster

24th August 2026



Eileen Dodds, Sor Morales,
Pamela Price & John Donnelly

31st August 2026

Viv Ball, Denise Newman, Chris Whalan, Susan
Connor & Alison Bone



RayWhite
Saratoga
Avoca Beach

Chris Roumanous 0406 500 913
chris.roumanous@raywhite.com

KENNEDY CROSS
STRATEGIC ADVICE | TAX | ACCOUNTING

Our team can help you
484 The Entrance Rd, Erina Heights
4365 6789
kennedycross.com.au

PILLAR TAILORED WEALTH
INVESTMENT | SUPERANNUATION | RETIREMENT

terrigo dental
+ Orthodontics
+ Smile Transformations
3/40 Oceanview Dr, Wamberal

 **02 4384 2101** 
www.terrigo dental.com.au
Book Online Call Us

Callaway
PLUMBING

Just a 'call-away'
Call Ben **0404 448 624**
www.callawayplumbing.com.au



Experience is Everything

Tonkin Drysdale Partners has been providing legal advice to the Central Coast for over 60 years.

Rest in Peace Paul

P (02) 4341 2355
E info@tdplegal.com.au
tdplegal.com.au 

 **Allcott Hire**
All Equipment. All for Hire. All Areas.

4325 4100

246 Manns Rd,
West Gosford

Mention this advertisement to receive a **20% Discount**

Construction - Building - Infrastructure

 **R&W Real Estate**

Francois Duverge | 0487 342 467
francois@randw.com.au

 **law team**

BUSINESS LAW | PROPERTY | FUTURE PLANNING

Do it for them!
There's no greater gift to leave your loved ones than peace of mind. With a Will, Power of Attorney, and Enduring Guardian in place, you can make sure your family is protected and your wishes are respected. Estate planning with Law Team is simple, supportive, and tailored to you. Local office in Gosford.

Take the first step in protecting your family's future and contact Law Team today.

Phone | Erin 0411 031 440
Email | estates@lawteam.com.au
Website | lawteam.com.au

Workers Needs

**No experience necessary.
Building and construction.**

Training available.

Text Daniel Roberts 0421 619 516

 **BRYAN J REID FUNERAL SERVICES**

100% Australian Owned & Family Operated

Serving all the Central Coast, Sydney and Newcastle areas.

Freecall 1800 032 225
Head Office: 4341 5000

Local Parishioner

 **LS BUILDING SOLUTIONS**

Renovations, Kitchens, Bathrooms, Decks & Pergolas, Extensions, General maintenance

Lukas Snek
0413 452 119

Parishioner

Email: info@lsbuildingsolutions.com.au
Web: www.lsbuildingsolutions.com.au

 **CRUISE & TRAVEL**

Cruise and Travel Experts
We know cruise. We know travel.

Shop 1/17 Church St,
Terrigal, NSW 2260
02 4384 0400
au.centralcoast@atpi.com
www.atpicruiseandtravel.com



 **CLEARVIEW GLASS**
PH (02) 4323 1111 • MOB 0457 478 064 • EMAIL sales@clearviewglass.com.au

ARCHITECTURAL-ROOFING-BALUSTADING
FRAMELESS-SEMI FRAMELESS SHOWER SCREENS
RESIDENTIAL-COMMERCIAL-INDUSTRIAL GLAZING
MIRRORS-SPLASHBACKS-WARDROBES
INSTALLATIONS, REMOVALS AND REPAIRS

ACTIVE PARISHIONER L/C NO: 393418C  

Centre for Research, Review & Change in Australia Inc

Use your surplus residential accommodation to help your retirement living.
Many financial and social benefits.
Enable living with dignity. Learn more with a free cast study for your circumstances.
Kenneth George Howes Director
0410 583 446 or Ken@howes.com.au

Japanese Lesson for Kids & Adults

Online (Zoom) or Face to Face Lessons.

If you are interested in a free trial lesson please contact;
natsukimerrotsky@gmail.com
or
Enquiries to Janette at the Parish Office

